

**BEFORE FLIGHT**

COCKPIT INSTRUMENTS.....	CROSS CHECK
WHEEL WELL FIRE.....	CHECKED
RADIO.....	SET
RADAR.....	SET
TRANSPONDER.....	SET
FMC.....	SET
WINDOW HEAT.....	ON
HYDRAULIC.....	NORMAL
AC AND PACKS.....	SET
YAW DAMPER.....	ON
FUEL.....	___KG/LB
EMERG LIGHT.....	ARMED
N1 AND IAS CURSOR.....	SET
LIGHT TEST.....	CHECKED
OXYGEN.....	100%

**BEFORE START**

COCKPIT PREPARATION.....	COMPLETE
COCKPIT DOOR.....	CLOSED AND LOCKED
SEAT BELT.....	ON
APU BLEED.....	CONNECTED
CABIN DOORS.....	CLOSED
PACKS.....	OFF
ANTI-COLLISION.....	ON
TRIM.....	___UNIT, SET

**BEFORE TAXI**

POWER.....	IDG ON
PROBE HEAT.....	ON
ANTI ICE.....	SET AS REQUIRED
ENGINE STARTING LEVER.....	IDLE
AUTOBRAKE.....	RTO
APU.....	OFF
F/CTL.....	CHECKED
ENGINE MODE SELECTION.....	CONT
FLAPS.....	___, GREEN LIGHT
A/THR.....	ARMED

**BEFORE TAKEOFF**

TCAS.....	TA OR TA/RA
RECALL.....	CHECKED
EXTERIOR LIGHTS.....	SET AS REQUIRED

**AFTER TAKEOFF / CLIMB**

PACKS.....	AUTO
ENGINE MODE SELECTION.....	OFF
LANDING GEAR.....	UP AND OFF
FLAPS.....	UP, LIGHT OFF
ALTIMETER.....	STD(BOTH)

**APPROACH**

ANTI ICE.....	SET AS REQUIRED
PACKS.....	SET
N1 AND IAS CURSOR.....	SET
ALT AND INSTRUMENT.....	SET
ENGINE MODE SELECTION.....	CONTINUE

**LANDING**

RECALL.....	CHECKED
SPOILER.....	ARMED
LANDING GEAR.....	DOWN
FLAPS.....	___, GREEN LIGHT
GO AROUND ALT.....	SET
A/THR.....	OFF(DESPIE AUTO LAND)

**AFTER LANDING**

FLAPS.....	UP
SPOILER.....	RETRACTED
RADAR AND WINDSHEAR PREDICTION.....	OFF
EXTERIOR LIGHTS.....	SET AS REQUIRED
APU.....	SET AS REQUIRED
AUTOBRAKE.....	OFF

**SHUT DOWN**

ENGINE STARTING LEVER.....	OFF
FUEL PUMP.....	OFF
KITCHEN POWER.....	SET AS REQUIRED
SEAT BELT.....	OFF
ANTI ICE.....	OFF
ANTI-COLLISION.....	OFF
EXTERIOR LIGHTS.....	SET AS REQUIRED
TRANSPONDER.....	OFF
PARKING BRAKE.....	SET AS REQUIRED

**SECURE**

ADIRS.....	OFF
EMERG LIGHT.....	OFF
PACKS.....	OFF
APU.....	OFF

**飞行前**

飞行仪表.....	交叉检查
轮胎火警.....	检查
无线电.....	调定
雷达.....	调定
应答机.....	调定
FMC.....	调定
风挡加温.....	开
液压.....	正常
空调和增压.....	调定
偏航阻尼器.....	开
燃油.....	___ KG/LB
紧急出口灯.....	预位
N1 和空速指示空速游标.....	调定
灯光测试.....	检查
氧气.....	100%

**起动前**

驾驶舱准备.....	完成
驾驶舱门.....	关闭
旅客信号牌.....	开
APU 引气.....	接通
自动驾驶.....	断开
舱门.....	关好
空调组件.....	关
防撞灯.....	开
安定面配平.....	___ 单位, 调定

**滑行前**

电源.....	发电机开
空速管加温.....	开
防冰.....	按需
起动手柄.....	IDLE
自动刹车.....	RTO
APU.....	关
飞行操纵.....	检查
发动机方式选择.....	CONT
襟翼.....	___, 绿灯
自动油门.....	预位

**起飞前**

应答机.....	TA 或 TA/RA
再现.....	检查
外部灯光.....	调定

**起飞后/爬升**

空调组件.....	AUTO
发动机方式选择.....	OFF
起落架.....	收上并关断
襟翼.....	收上, 灯灭
高度表.....	STD (两人)

**进近**

防冰.....	按需
空调组件.....	调定
N1 和指示空速游标.....	调定
高度和仪表.....	调定
发动机方式选择.....	连续位

**着陆**

再现.....	检查
减速板.....	预位
起落架.....	放下
襟翼.....	___, 绿灯
复飞高度.....	调定
自动油门.....	关 (AUTO LAND 除外)

**着陆后**

襟翼.....	收上
扰流板.....	收回
雷达和风切变预测系统.....	关
外部灯光.....	按需
APU.....	按需
自动刹车.....	关

**停机**

起动手柄.....	关
燃油泵.....	关
厨房电源.....	按需
安全带灯.....	关
防冰.....	关
防撞灯.....	关
外部灯光.....	按需
应答机.....	关
停留刹车.....	按需
发动机液压.....	关

**安全离机**

惯导.....	关
紧急出口灯光.....	关
空调组件.....	关
APU.....	关